

Powertec Power Rack Assembly Manual

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Do it after the assembly starting from top. Step 1: Unpack all the items so you can see each part, this will help you with the construction of the WRKBENCH LAT TOWER OPTION and make sure you have all the parts. Page 3 Attach part No 1 to the Power Rack using parts No 36, 38,41 and a plate (No 9) on the inside of the Power Rack.

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ASSEMBLY ONE Note before beginning assembly: Always insert all bolts through holes prior to tightening due to precision fit WB-LS11 WORKBENCH LEVERGYM... Page 6 ASSEMBLY TWO WB-LS11 WORKBENCH LEVERGYM... Page 7 ASSEMBLY THREE WB-LS11 WORKBENCH LEVERGYM... Page 8 ASSEMBLY FOUR WB-LS11 WORKBENCH LEVERGYM...

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Page 19 Powertec WB-MS14 Workbench Multi System Assembly Walkthrough The Multi System comes in 3 cartons the dimensions are: Carton 1 Carton 2 Carton 3 Length Width Depth Length Width Depth Length Width Depth 1.53 0.21 1.68 0.65 0.21 1.43 0.65 0.18 The hardware comes in separate bags, and they should be numbered with stickers.

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Check the instructions manual that comes with your Mirafit Power Rack. You'll see a table of parts which have been labelled from 1-13. There are: 1) 12 x M10 80mm bolts, nuts and washers. 2) 16 x M10 75mm bolts, nuts and washers . 3) 4 x floor bolts. 4) 2 x rear vertical frame posts. 5) 2 x base frame parts. 6) 2 x top frame parts. 7) 2 X middle frame parts (one for the top and one for the ...

[How To Build A Power Rack | Mirafit](#)

Powertec Power Rack, an industry proven design, just got upgraded. For 2019 the power rack (WB-PR) comes with "westside" style hole spacing in addition to all the previous upgrades from 2018. Commercial grade strength with 1000 lbs. load capacity for your home.

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Thank you for purchasing your new Powertec equipment. To maximize the use of this Equipment, please take a moment to study, unde rstand and familiarize with the assembly instructions and follow the sequence of steps as provided in the manual. Because of our products unique features, this manual was created to provide you with information on how to assemble and properly maintain your equipment ...

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The Powertec Workbench Power Rack was the model we opted for and it weighs in at just under 95kg which gives you an idea of the strength and build quality of the rack. There are two colours available - black and yellow, and we opted for the former - although both are exactly the same other than the colour. As standard, you get two dip station bars, a multi-grip pull up bar, two J-hooks ...

[Powertec Power Rack Review - Powertec UK Rack Reviewed 2020](#)

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Here are some simple tips to help you get your Powertec bench - whether it be Utility Bench, Multi System, LeverGym or other Powertec gym equipment with a be...